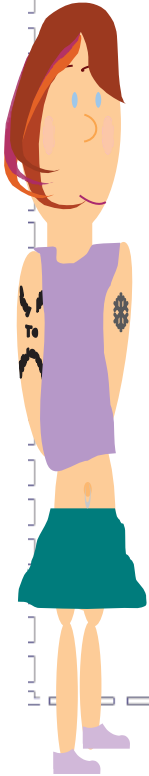


The Child and Youth Counselling Programme is a free and confidential service and provides

- ◆ Child and Youth Counselling
- ◆ Group Counselling
- ◆ Liaison and consultation with other agencies
- ◆ Information and referral
- ◆ Community education and professional training
- ◆ Resources



### WHO CAN USE THE SERVICE?

The service is free and confidential and open to young people of all backgrounds aged between 4 - 17 years. We can arrange interpreters if required.

#### Useful Contact Numbers

24 hr Domestic Violence Service	1800 811811
Kid's Helpline	1800 551 800
Lifeline	131114
YETI	4051 4927
Youthlink	4031 6179
Centacare	4044 0130
Child and Youth Mental Health	4091 0213

#### Visit one of our service locations

Room 19, 600 Bruce Hwy  
Woree 4868  
Phone: (07) 4033 6100  
Fax: (07) 4033 5863  
Email: office@dvcairns.org

15 Beatrice Street,  
Atherton 4883  
Phone: 1300 909 250  
Fax: (07) 4033 5863  
Email: office@dvcairns.org



Providing services to Cairns & Tablelands

## As Kids See It

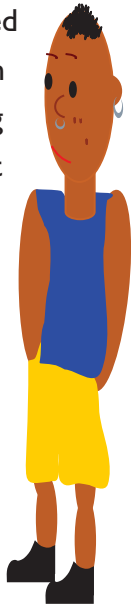


A counselling program for children & adolescents when family breakdown has occurred and conflict results.

Funded by the Department of Communities,  
Child Safety and Disability Services Qld.

## How can counselling help?

There is no doubt that children and young people are adversely affected by witnessing conflict. Research suggests that children and young people exposed to domestic conflict situations may be traumatized well into their adult lives, with negative effects on their behaviour, emotions and relationships. Counselling can assist to alleviate these detrimental effects, provide better ways of coping in the future and assist in the development of a positive identity.



Counselling commonly covers issues such as protective behaviours, dealing with anger/aggression/conflict, adjustment to parental separation/divorce, grief and loss, self-esteem, living in a blended family, effective communication including assertiveness.



**If home is where the hurt is... call...**

(07) 4033 6100 (Cairns)

1300 909 250 (Atherton)

## Counselling and support for children and young people

The Child and Youth Counsellor provides face to face counselling for children and young people, aged 4 to 17, who may have been affected by domestic and family conflict. The number of counselling sessions varies according to need but may be long term. Telephone support is also offered to children and young people attending counselling.



*That Is Why We Go To The AKSI Program  
They Understand 'As Kids See It'.....*

## Information and Referral

The Child and Youth Counsellor can provide information about children and young people affected by family conflict, as well as give information on appropriate organizations for referral.



## Community Education and Professional Training

In the Cairns area, the Child and Youth Counsellor is available to participate in and present community awareness and education programmes as well as provide specific training in working with children and young people affected

## Consultation and Resourcing

The Child and Youth Counsellor is available to consult with counsellors and staff in other agencies who are working with children and young people affected by family conflict. They are also available for facilitating group work, training and/or support to service providers who work with children and young people.

